

These are Crisis and Resource phone lines sponsored by NAMI in FL and the US:

Florida Crisis and Warm Lines:

NAMI Jacksonville Resource Line (904) 724-7782 or namijacksonvilleflorida@gmail.com

FL Central Florida Crisis Line (407) 425-2624 24/7

FL MHA SETH Line (954) 578-5640 M-F 6pm-10pm

NAMI Helpline 800-950-NAMI

M-F 10 am – 6 pm ET

Text “NAMI” to 741741

Visit nami.org

/covid-19 for NAMI’s response and information on COVID-19.

NAMI Helpline Coronavirus Information and Resources Guide

<https://nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf?lang=en-US>

Below are phone numbers of Crisis and Distress Lines:

➤ National Suicide Prevention Lifeline- Call 1-800-273-8255, text MHFA to 741741 to talk to a Crisis Text Line counselor or visit <https://suicidepreventionlifeline.org/>

➤ Substance Abuse and Mental Health Services Administration’s Disaster Distress Helpline- 800-985-5990

➤ Veterans Crisis Line- Call 1-800-273-8255 and press 1 or visit <https://www.veteranscrisisline.net/>

➤ 211 Helpline Florida- The United Way is aiding those who effected by the coronavirus pandemic. If you or somebody you know needs help, please reach out through calling, texting, chatting, or emailing. Call 2-1-1 or (352) 332-4636. Calling is available 24 hours a day, 7 days a week. Text your zip code to 898-211.